



Independence Central Office

Scheduled Menu Plans

3000 G. C. Bingham Middle School

Serving Period: Supper
Date: 3/2/2020
Base Menu Plan: 5,202 MS SUPER SNACK W1D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 781

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2711	TURKEY HAM & 2 CHEESE WRAP WG	1	PKG (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		240.0000	kcal	Carbohydrate	16.9999	g
4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		0.0000	kcal	Carbohydrate	0.0000	g
2708	CARROT BABY GRIMMWAY	1	PKG (1) SERVING	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		35.0000	kcal	Carbohydrate	8.0000	g
2106	APPLE SLICES 100/2 OZ	1	PKG	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		30.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper
Date: 3/3/2020
Base Menu Plan: 5,203 MS SUPER SNACK W1D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 780

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2712	NOTABLE MEAT & CHEESE STICK	1	PKG (1)	0		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		440.0000	kcal	Carbohydrate	56.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper
Date: 3/4/2020
Base Menu Plan: 5,204 MS SUPER SNACK W1D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 780

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Stock Number	Description	Serving Size	Measure	Projected Quantity			
2710	IW WG WDG TURKEY & TWO CHEESE	1	PKG (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		299.9999	kcal	Carbohydrate		30.0000	g
4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		0.0000	kcal	Carbohydrate		0.0000	g
2714	GRAPE TOMATO CUP	1	4 OZ CUP	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		21.0000	kcal	Carbohydrate		4.3000	g
2106	APPLE SLICES 100/2 OZ	1	PKG	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		30.0000	kcal	Carbohydrate		7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g

Serving Period: Supper
Date: 3/5/2020
Base Menu Plan: 5,205 MS SUPER SNACK W1D4
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-8
Feeding Figure: 780

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2713	NOTABLE CHILI CON QUESO	1	PKG (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		520.0000	kcal	Carbohydrate		45.0002	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g

Serving Period: Supper
Date: 3/9/2020
Base Menu Plan: 5,207 MS SUPER SNACK W2D1
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2711	TURKEY HAM & 2 CHEESE WRAP WG	1	PKG (1)	390			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		240.0000	kcal	Carbohydrate		16.9999	g

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4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390
Nutrient		Value	Units	
	Food Energy	0.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
2708	CARROT BABY GRIMMWAY	1	PKG (1) SERVING	390
Nutrient		Value	Units	
	Food Energy	35.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	8.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	390
Nutrient		Value	Units	
	Food Energy	30.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Supper **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/10/2020 **Feeding Figure:** 390
Base Menu Plan: 5,208 MS SUPER SNACK W2D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2712	NOTABLE MEAT & CHEESE STICK	1	PKG (1)	390
Nutrient		Value	Units	
	Food Energy	440.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	56.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Supper **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/11/2020 **Feeding Figure:** 390
Base Menu Plan: 5,209 MS SUPER SNACK W2D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2710	IW WG WDG TURKEY & TWO CHEESE	1	PKG (1)	390
Nutrient		Value	Units	
	Food Energy	299.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	30.0000	g	
4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390
Nutrient		Value	Units	
	Food Energy	0.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
2714	GRAPE TOMATO CUP	1	4 OZ CUP	390
Nutrient		Value	Units	
	Food Energy	21.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	4.3000	g	

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2106	APPLE SLICES 100/2 OZ	1	PKG	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper
Date: 3/12/2020
Base Menu Plan: 5,210 MS SUPER SNACK W2D4
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2713	NOTABLE CHILI CON QUESO	1	PKG (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	520.0000	kcal	Carbohydrate	45.0002	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper
Date: 3/13/2020
Base Menu Plan: 5,211 MS SUPER SNACK W2D5
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2709	IW GR WDG CHX TURKEY HAM& CHEE	1	PKG (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	300.0000	kcal	Carbohydrate	27.0000	g
4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
2708	CARROT BABY GRIMMWAY	1	PKG (1) SERVING	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	35.0000	kcal	Carbohydrate	8.0000	g
2106	APPLE SLICES 100/2 OZ	1	PKG	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

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Scheduled Menu Plans

Serving Period: Supper
Date: 3/16/2020
Base Menu Plan: 5,202 MS SUPER SNACK W1D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity												
2711	TURKEY HAM & 2 CHEESE WRAP WG	1	PKG (1)	390												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>240.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	240.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.9999</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.9999	g	
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Nutrient	Value	Units														
Food Energy	100.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	11.0000	g														

Serving Period: Supper
Date: 3/17/2020
Base Menu Plan: 5,203 MS SUPER SNACK W1D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity												
2712	NOTABLE MEAT & CHEESE STICK	1	PKG (1)	0												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>440.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	440.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>56.9999</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	56.9999	g	
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Nutrient	Value	Units														
Food Energy	100.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	11.0000	g														

Serving Period: Supper
Date: 3/18/2020
Base Menu Plan: 5,204 MS SUPER SNACK W1D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 390

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2710	IW WG WDG TURKEY & TWO CHEESE	1	PKG (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	30.0000	g
4124	BAG SUPPER KARRY-KWIK	1	BAG (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
2714	GRAPE TOMATO CUP	1	4 OZ CUP	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	21.0000	kcal	Carbohydrate	4.3000	g
2106	APPLE SLICES 100/2 OZ	1	PKG	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/19/2020 **Feeding Figure:** 390
Base Menu Plan: 5,205 MS SUPER SNACK W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2713	NOTABLE CHILI CON QUESO	1	PKG (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	520.0000	kcal	Carbohydrate	45.0002	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Supper **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/30/2020 **Feeding Figure:** 390
Base Menu Plan: 5,202 MS SUPER SNACK W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2711	TURKEY HAM & 2 CHEESE WRAP WG	1	PKG (1)	390		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	240.0000	kcal	Carbohydrate	16.9999	g

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	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
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2708	CARROT BABY GRIMMWAY	1	PKG (1) SERVING	390
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	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Supper

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/31/2020

Feeding Figure: 390

Base Menu Plan: 5,203 MS SUPER SNACK W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2712	NOTABLE MEAT & CHEESE STICK	1	PKG (1)	0
	Nutrient	Value	Units	
	Food Energy	440.0000	kcal	
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	Carbohydrate	56.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	390
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